

## Inner Circle Royalty Menu



## SANDWICHES



Chicken Tikka | Steak Sandwich | Pesto Chicken Mozzarella

Premium whole grains baked in-house, our sandwiches boasts a rich, tasty flavors and hearty texture, perfect for any meal.

## SANDWICHES

  
Nourish  
28.5

  
Nourish+  
36

### Chicken Tikka

Marinated chicken with tikka seasoning, cheddar cheese, home-made hot sauce, garlic mayo, fresh mint & cilantro, & cherry tomatoes.

### Pesto Chicken Mozzarella

Home-made pesto sauce, basil mayo, freshly picked basil leaves, mixed greens and cherry tomatoes.

### Mediterranean Vegetable

Capsicum, mushroom, black olives, oregano, home-made tomato sauce, basil leaves, mixed lettuce, & cherry tomatoes.

### Chicken Club

Cheddar cheese, turkey bacon, home-made mayo, pickles, mixed lettuce, & cherry tomatoes.

### Halloumi Pesto

Fresh Home-made pesto & basil mayo, fresh basil leaves, Kalamata Olives, mixed greens & cherry tomatoes.

### Shrimp with Lemon & Tahina

Home-made mayo, tahina, hot sauce, lemon, rocket leaves & fresh cilantro.

### Wagyu Steak Sandwich

Oven baked steak, cheddar cheese, home-made thousand island dressing, pickles, onions, mixed greens, & cherry tomatoes.

### Classic Chicken Cheddar

Home-made thousand island dressing, dynamite sauce, pickles, mixed greens & cherry tomatoes.

### Tuna Sandwich

Cheddar cheese, thousand island dressing, pickles, mixed lettuce, cherry tomatoes.



ADD-ONS: Avocado 6 | Chicken 9.75 | Feta 3.75 | Shrimp 15 | Steak 15 | Bacon 15

Complimentary **POPCORN** with any order |  Vegan |  Vegetarian |  Customer Favorite |  Contains Nuts

## SALADS



Sombbrero

Our salads are grown in-house and freshly picked, dressed flavorfully to delight your taste buds.

## SALADS

  
Nourish  
**21.75**

  
Nourish+  
**29.25**

  
Nourish++  
**36.75**

### Caesar

Romaine lettuce, home-made caesar dressing, grated parmesan, home-made croutons & parmesan flakes.

### Apple Quinoa

Fresh mixed greens, home-made apple vinaigrette, diced apple, quinoa, grapes, orange & fresh mint leaves.

### Mango Bango

Mixed greens, red cabbage, home-made spicy mango dressing, fresh mangoes, candied almond slices, celery & fresh cilantro.

### Melon Burst

Fresh mixed greens, home-made honey mint dressing, watermelon, feta cheese & fresh mint leaves.

### Sombbrero

Mixed greens, home-made lime cilantro dressing, spicy peanut dressing, crispy tortilla strips, black beans, sweet corn, cherry tomatoes & cilantro.

### Greek

Fresh mixed lettuce, home-made balsamic vinaigrette, chopped cherry tomatoes, cucumber, feta cheese, kalamata olives, red onions & dry oregano.

### Very Berry

Mixed greens, home-made strawberry vinaigrette, mixed berries, orange, candied almond slices and mint leaves.



ADD-ONS: Avocado 6 | Chicken 9.75 | Feta 3.75 | Shrimp 15 | Steak 15 | Bacon 15

Complimentary POPCORN with any order |  Vegan |  Vegetarian |  Customer Favorite |  Contains Nuts

## SOUP



Cheddar Broccoli in Bread Bowl

Cheddar Broccoli Cup 🌿

20.25



Cheddar Broccoli in Bread Bowl 🌿

27.75



## GREEK YOGURT

Nourish  
18

Nourish+  
30



Strawberry Yogurt

Lime Zest & Fresh Squeezed Lime



Lemon Zest & Fresh Ginger Shot



Orange Zest & Ground Cinnamon



ADD-ONS: Avocado 6 | Chicken 9.75 | Feta 3.75 | Shrimp 15 | Steak 15 | Bacon 15

Complimentary **POPCORN** with any order | 🌿 Vegan | 🌿 Vegetarian | 🌿 Customer Favorite | 🌿 Contains Nuts

ADD-ONS: Bananas & berries 10

Complimentary **POPCORN** with any order | 🌿 Vegan | 🌿 Vegetarian | 🌿 Customer Favorite | 🌿 Contains Nuts

# BREAKFAST



3 Eggs Sunny Side-up | Basil Pesto Omelette | Bacon & Egg

From hearty classics to nutritious favorites, start your day right to fuel your morning and staying energized all day.

# BREAKFAST



## Vegetarian Omelette

Pasteurized eggs, cheddar, onions, cherry tomatoes, home-made mayo & creamy dynamite sauce, mixed greens & cherry tomatoes.



## Bacon, Egg & Cheese

Egg, cheddar cheese, thousand island dressing, mixed greens & cherry tomatoes.



## Halloumi & Egg

Pasteurized eggs, home-made pesto & basil mayo, black olives, mixed greens & cherry tomatoes.



## DESIGN YOUR OWN OMELETTE 30

### Choose your Cheese

Cheddar | Mozzarella | Halloumi | Feta

### Choose your Protein

Turkey bacon | Chicken breast | Shrimp

### Choose any 3 Vegetables

Cherry tomatoes | Mixed peppers | Mushrooms  
Kalamata Olives | Onions



## ALL DAY BREAKFAST

### 3 Eggs Sunny Side Up 25.5

Perfectly fried with golden yolks and a sprinkle of salt and pepper.



### Basil Pesto Omelette 30

3 eggs omelette, mozzarella cheese, cherry tomatoes, homegrown basil, sprinkle of kalamata, and pesto dressing.



### Shakshuka Omelette 30

2 eggs, cherry tomatoes, and a blend of secret seasoning.



## BEVERAGES



Navel Orange & Carrot

Refresh and rejuvenate with our freshly squeezed juices to spring water, we have a variety to keep you hydrated.

## EVERYDAY JUICES

200ml  
12.75

### Navel Orange 🍊

Freshly squeezed navel orange juice, bottled in-house.



### Red Apple

Freshly squeezed red apple juice, bottled in-house.



### Navel Orange & Carrot

Freshly squeezed navel orange & carrot juice, bottled in-house.



### Red Apple & Ginger

Freshly squeezed red apple & ginger juice, bottled in-house.



### Carrot & Beetroot

Freshly squeezed carrot & beetroot juice, bottled in-house.



### SEASONAL JUICES

Mango | Pomegranate | Watermelon  
Pear



## EVERYDAY SMOOTHIES

200ml  
18

### Coco Banana Tango

Milk blended with dates, banana, cocoa powder, peanut butter & vanilla.



### Velvet Avocado & Honey

Milk blended with avocado & honey.



### BananaRama

Blended with banana, oranges and dates.



### Berry & Oatmeal Breeze

Milk blended with fresh blueberries, fresh coconut, oats, cinnamon & coconut milk.



### SEASONAL SMOOTHIES

Mango | Pomegranate | Mixed Berries  
Water Melon | Sweet Melon



Lactose free or Coconut milk available as a substitute for dairy milk

## BOGA WATER

Pure water Zero TDS 🍃

5.25



Sparkling water

5.25



Coconut water

25



# DESSERTS



Mixed Fruit Parfait

## Mixed Fruit Parfait

Local greek yogurt, seasonal fruits, berries, canadian maple syrup, home-made granola & mini leaves.

**Caramel Yogurt with Candied Almonds**



## Toasties

Home-made Cream Cheese or Jam

1 Mini Toast **6** | 3 Mini Toast **15**



# BOGA CAFE



Espresso

Americano

9



Caramel Latte

Homemade Caramel

16.5



Espresso

9



Vanilla Latte

Home made aged vanilla syrup

16.5



Cappuccino

12



Tea

Earl Grey / Hibiscus

9



Latte

12



Lactose free or Coconut milk available as a substitute for dairy milk

# BOGA

super foods

sandwiches, salads & juices



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